

CALIFORNIA

healthy kids

SURVEY

**AGGREGATED CALIFORNIA DATA
TECHNICAL REPORT
2006-2007 & 2007-2008
Elementary**

Elementary Module

Results have been statistically weighted



2006-2008 Weighted Statewide

Sample Characteristics

Note: Tables 3.1 through 5.3 include results by gender.

Table 1.1

Student Sample Characteristics

	Grade 5
Student Sample Size	
Final Sample (Number of Respondents)	199,973

2006-2008 Weighted Statewide

Table 2.1

Age of Sample

	Grade 5 Total %
7 years old, or younger than 7	0
8 years old	0
9 years old	2
10 years old	64
11 years old	31
12 years old	2
13 years old or older than 13	0

Question ES 2, 4: How old are you? What grade are you in?

Table 2.2

Gender of Sample

	Grade 5 Total %
Female	52
Male	48

Question ES 3: Are you female or male?

2006-2008 Weighted Statewide

Table 2.3

Number of Times Moved, Past Year

	Grade 5 Total %
0 times	56
1 time	23
2 times or more times	21

Question ES 5: During the past year, how many times have you moved (changed where you live)?

Table 2.4

Perceived Ability With School Work

	Grade 5 Total %
One of the best students	20
Better than most students	25
About the same as others	44
Don't do as well as most others	11

Question ES 16: How well do you do in your school work?

2006-2008 Weighted Statewide

Alcohol and Other Drug (AOD) Use

Table 3.1

Ever Used Alcohol or Other Drugs, Lifetime

	Grade 5		
	Female %	Male %	Total %
Alcohol, one or two sips	21	27	24
Alcohol, a full glass	2	4	3
Inhalants (to get high)	3	5	4
Marijuana *	1	2	1
<i>None of the above</i>	76	68	72
<i>Any of the above</i>	24	32	28

Questions ES 32, 33, 34: Have you ever drunk beer, wine, or other alcohol? Have you ever sniffed something through your nose to get "high?" Have you ever smoked any marijuana (pot, grass, weed)?

Table 3.2

Any Alcohol Use, Past Month

	Grade 5		
	Female %	Male %	Total %
No	92	88	90
Yes, I drank one or two sips	7	9	8
Yes, I drank a full glass	1	2	2

Question ES 39: In the past month, did you drink any beer, wine or other alcohol?

*** = CDE-Recommended SDFSC/TUPE Performance Indicator**

2006-2008 Weighted Statewide

Table 3.3

Any AOD Use Before/During School, Lifetime

	Grade 5		
	Female %	Male %	Total %
No	99	99	99
Yes	1	1	1

Question ES 35: Have you ever used alcohol or an illegal drug like marijuana before school or at school?

Table 3.4

Perception of Health Risk of Alcohol and Marijuana Use

	Grade 5		
	Female %	Male %	Total %
Alcohol			
No, not bad	2	5	4
Yes, a little bad	25	32	28
Yes, very bad	72	64	68
Marijuana			
No, not bad	3	4	3
Yes, a little bad	3	4	3
Yes, very bad	77	77	77
I don't know what marijuana is	18	15	17

Question ES 37-38: Do you think drinking alcohol (beer, wine, liquor) is bad for a person's health?

Do you think using marijuana (pot, grass, weed) is bad for a person's health?

2006-2008 Weighted Statewide

Tobacco Use

Table 4.1

Lifetime and Current Use of Cigarettes and Smokeless Tobacco

	Grade 5		
	Female %	Male %	Total %
Ever smoked a cigarette *	3	5	4
Part of a cigarette, like one or two puffs	2	4	3
A whole cigarette	1	1	1
Smoked a cigarette in the past month	1	2	2
Ever chewed tobacco or snuff	1	2	2

Questions ES 30, 40, 31. Have you... In the past month, did you...

Table 4.2

Perception of Health Risk of Cigarette Smoking

	Grade 5		
	Female %	Male %	Total %
No, not bad	1	3	2
Yes, a little bad	3	6	5
Yes, very bad	95	91	93

Question ES 36: Do you think smoking cigarettes is bad for a person's health?

** = CDE-Recommended SDFSC/TUPE Performance Indicator*

2006-2008 Weighted Statewide

Violence and Safety

Table 5.1

Perceived Feeling Safe At or Outside of School

	Grade 5		
	Female %	Male %	Total %
Do you feel safe at school?			
No, never	5	7	6
Yes, some of the time	14	15	15
Yes, most of the time	27	27	27
Yes, all of the time *	55	51	53
Do you feel safe outside of school?			
No, never	14	13	14
Yes, some of the time	23	20	22
Yes, most of the time	35	34	34
Yes, all of the time	28	33	31

Question ES 28, 29: Do you feel safe at school? Do you feel safe outside of school?

*** = To be used for the CDE-Recommended
CDESC/TUDE Performance Indicator**

2006-2008 Weighted Statewide

Table 5.2

Frequency of Being Harassed on School Property

	Grade 5		
	Female %	Male %	Total %
Been hit or pushed			
No, never	57	46	52
Yes, some of the time	32	39	35
Yes, most of the time	6	9	7
Yes, all of the time	4	6	5
Mean rumors spread about you			
No, never	46	52	49
Yes, some of the time	39	34	37
Yes, most of the time	8	8	8
Yes, all of the time	7	6	6

*Question ES 23, 24: Do other kids hit or push you at school when they are not just playing around?
Do other kids at school spread mean rumors or lies about you?*

Table 5.3

Frequency of Harassing on School Property, Past Year

	Grade 5		
	Female %	Male %	Total %
Have hit or pushed other kids			
0 times	70	49	60
1 time	15	20	17
2 times	7	12	9
3 or more times	8	19	13
Have spread mean rumors about other kids			
0 times	69	70	69
1 time	19	17	18
2 times	6	6	6
3 or more times	6	7	7

Question ES 21, 22: During the past year, how many times have you...hit or pushed other kids at school when you were not playing around? ...spread mean rumors or lies about other kids at school?

2006-2008 Weighted Statewide

Table 5.4

Weapons (Gun or Knife) on School Property, Past Year

	Grade 5 Total %
Brought weapon to school	
No	97
Yes	3
Saw another kid with a weapon at school	
No	77
Yes	23

Question ES 25, 26: During the past year... did you ever bring a gun or knife to school? ...have you ever seen another kid with a gun or knife at school?

Table 5.5

Frequency of Being Home Without Adult Supervision

	Grade 5 Total %
No, never	63
Yes, some of the time	28
Yes, most of the time	5
Yes, all of the time	4

Question ES 27: Are you home alone after school?

2006-2008 Weighted Statewide

Table 5.6

Frequency of Seat Belt and Helmet Use

	Grade 5 Total %
When you ride in a car do you wear a seat belt?	
No, never	1
Yes, some of the time	8
Yes, most of the time	17
Yes, all of the time	74
When you ride a bicycle do you wear a helmet?	
I do not ride a bicycle	15
No, never	23
Yes, some of the time	16
Yes, most of the time	14
Yes, all of the time	32

Question ES 7, 8: When you ride in a car do you wear a seat belt? When you ride a bicycle do you wear a helmet?

2006-2008 Weighted Statewide

Physical Health

Table 6.1

Breakfast Consumption

	Grade 5 Total %
No	18
Yes	82

Question ES 6: Did you eat breakfast this morning?

Table 6.2

Exercise During Week

	Grade 5 Total %
0 days	5
1 day	4
2 days	7
3 days	12
4 days	12
5 days	16
6 or 7 days	44

Question ES 50: How many days each week do you exercise, dance, or play sports?

2006-2008 Weighted Statewide

Table 6.3

Frequency of Daily Television Watching and Video Game Playing

	Grade 5 Total %
None, I didn't watch TV yesterday	19
Less than 1 hour	29
About 1 hour	20
About 2 hours	17
3 or more hours	15

Question ES 53: Yesterday, how much time did you spend watching TV or playing video games?

Table 6.4

Body Image

	Grade 5 Total %
Do you think you are...	
Too skinny	10
About right	74
Too fat	16
Are you doing anything to try to lose weight?	
No	50
Yes	50
Ever been teased about your body at school?	
No	64
Yes	36

Question ES 47-49: Do you think you are too skinny, about right, or too fat? Are you doing anything to try to lose weight? Have other kids at school ever teased you about what your body looks like?

2006-2008 Weighted Statewide

Table 6.5

Students with Asthma

	Grade 5 Total %
No	81
Yes	19

Question ES 52: Has a parent or some other adult ever told you that you have asthma?

Table 6.6

Asthma Symptoms While Not Exercising

	Grade 5 Total %
No	79
Yes	21

Question ES 51: When not exercising, do you ever have trouble breathing (for example, shortness-of-breath, wheezing, or a sense of tightness in your chest)?

2006-2008 Weighted Statewide

Table 7.1

External and Internal Asset Scores (High, Moderate, and Low)

Percent of students scoring High, Moderate, and Low in Assets (%)	Grade 5		
	H	M	L
Total External Assets	69	30	1
Caring Relationships	75	24	1
High Expectations	83	17	1
Meaningful Participation	18	72	10
<i>School Environment</i>	52	44	3
Caring Relationships: Adults in School *	59	38	4
High Expectations: Adults in School *	62	36	2
Meaningful Participation *	17	67	16
<i>Home Environment</i>	81	18	1
Caring Relationships: Adults in Home	78	21	2
High Expectations: Adults in Home	91	8	1
Meaningful Participation	18	75	7
<i>Personal School Connectedness*</i>	60	36	4
<i>Peer Environment</i>			
High Expectations: Pro-social peers	49	47	3
Total Internal Assets	62	36	2
Empathy	41	53	7
Problem Solving	36	56	8
Goals and Aspirations	83	17	1

* = CDE-Recommended SDFSC/TUPE Performance Indicator